



Darren Overfield, M.S., M.Ed.

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Darren draws on a background in both business and psychology to help executives from a wide variety of industries enhance their leadership, change management, and decision making capabilities. He has worked with executives in North America, South America, Europe, and Asia, boosting the effectiveness of these leaders, their teams, and their organizations.

He blends hands-on management experience tackling tough business problems with a practical way of applying psychology to the workplace. He brings a collaborative style and a pragmatic approach to working with executives—making changes that matter to their effectiveness as leaders. Darren builds a strong alliance and trusting relationship with each client, clarifies the desired outcomes for their work together, and systematically monitors progress towards these objectives. His approach to facilitating behavior change begins with a focused assessment to pin-point the relevant coaching issues. Darren guides leaders through the data to make connections and draw their own conclusions. From here, he and the executive work together to create an action plan for realizing the leader's development goals. Darren provides the support necessary for each client to take the risks inherent in change and to grow as a leader and as a person.

As an adjunct staff member at the Center for Creative Leadership (CCL), Darren works with leaders from around the world who attend open enrollment and custom-designed leadership development programs. He helps individuals build self-awareness and set meaningful developmental goals by integrating 360-degree feedback and psychological assessment data. Darren then provides on-going coaching to these leaders to help them execute their development plans.

In a corporate career at General Electric (GE), Darren worked as a Six Sigma Black Belt and held leadership positions in information technology, e-business, and marketing within GE Capital. He has experience in global training, systems design, and project management.

Complementing his business background, Darren has experience conducting psychological assessments and providing individual psychotherapy.

Darren holds a master's degree in clinical psychology from the University of Virginia and a master's degree in business management from North Carolina State University. He is an avid distance runner, having completed two marathons and competed in a 200-mile relay race from Mount Hood to Seaside, Oregon. Darren lives in Greensboro, NC with his wife, Carrie, and their daughters, Leslie and Emma.